



**ALLERGY GUIDE**  
**UPDATED JUNE 2024**



## ALLERGEN INFORMATION & DIETARY GUIDE

### THIS GUIDE

This guide lists what allergenic ingredients are contained in each of our dishes

The guide also shows whether or not the dishes are suitable for vegetarian or vegan customers

At the bottom of this page is a key which explains how the guide works. You will find the same key in the same place at the bottom of each page in this guide

### GLUTEN

Most of our dishes include ingredients that contain gluten, but we are able to modify some recipes to remove these ingredients or replace them

Gluten is found in cereals such as wheat, barley and rye, so for details of which these dishes we are able to modify, please refer to the [cereals containing gluten](#) page in the modification guide

### ALLERGENIC INGREDIENTS FEATURED IN THIS GUIDE IN ACCORDANCE WITH THE EU FOOD INFORMATION REGULATIONS ARE

- Celery
- Cereals including gluten
  - Including wheat (such as spelt & khorasan), rye, barley & oats
- Crustaceans
  - Such as prawns, crabs & lobster
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
  - Such as mussels, oysters & squid
- Mustard
- Tree nuts
  - Including almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachio & macadamia nuts
- Peanuts
- Sesame seeds
- Soybeans
- Sulphur dioxide & sulphates (if they are at a concentration of more than 10 parts per million)



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**A BLUE BOX** | means that the dish can be modified to remove the specific allergenic ingredient or to make it suitable for vegetarians or vegans. please ask your server for more information



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STARTERS	THIS DISH CONTAINS														SUITABLE FOR?	
	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
BRUSCHETTA CLASSIC		●							● no dressing						YES	YES
BRUSCHETTA CAPRESE		●					●		● no dressing						YES	NO
GARLIC MUSHROOMS		● no bread					●		●						YES	NO
HALLOUMI FRIES		* no bread					●		● no dressing						YES	NO
CALAMARI		●		● no tartar sauce			● no tartar sauce	●	● no dressing				●		NO	NO
MOZZARELLA PARCELS		●		●			●		● no dressing						YES	NO
CRISPY LIVER		●											●		NO	NO
FISH CAKE		●			●		●		●				●	●	NO	NO
FALAFEL AND HOUMOUS		* no bread										●	●		YES	YES
POLPETTE		● no bread													NO	NO
CREAMY KING PRAWNS		● no bread	●				●								NO	NO
PARMA HAM CROSTINI		●					●		● no dressing					● no balsamic	NO	NO
SALSICCIA ALLA GRIGLIA									● no dressing						NO	NO
CHEVRE GRILL		●					●		● no dressing					● no balsamic	YES	NO
HOUMOUS AND PITTA BREAD		●													YES	NO
GARLIC BREAD		●		●			●								YES	NO
CHEESE GARLIC BREAD		●		●			●								YES	NO
BREAD BASKET		●		●			●								YES	NO

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# CASA RONI

PASTA	THIS DISH CONTAINS													SUITABLE FOR?			
	DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
PENNE ARRABBIATA	•	• gluten free pasta							• change penne pasta					• ( in pasta & oil )		YES	NO change to GF pasta
BOLOGNESE	•	• gluten free pasta												• ( in oil )		NO	NO
CARBONARA		• gluten free pasta					•							• ( in oil )		NO	NO
SEAFOOD LINGUINE		• gluten free pasta	•	•	•		•	•						• ( in oil )		NO	NO
LASAGNE	•	•					•							• ( in oil )		NO	NO
CRAB & LOBSTER RAVIOLI		•	•		•		•	•		•				• ( in pasta & oil )	• no balsamic dressing	NO	NO
SPINACH RICOTTA RAVIOLI		•					•							• ( in oil )	• no balsamic dressing	YES	NO
KING PRAWN LINGUINE		• gluten free pasta	•											• ( in oil )		NO	NO
TAGLIATELLE AL SALMON		• gluten free pasta			•		•			•				• ( in oil )		NO	NO
POLLO PICANTE		• gluten free pasta					•		• change penne pasta					• ( in pasta & oil )		NO	NO
WILD MUSHROOM LINGUINE		• gluten free pasta					•			•				• ( in oil )		YES	NO
RISOTTO FUNGHI		•					•			•				• ( in oil )	• no balsamic dressing	YES	NO
VEGETABLE RISOTTO		•					•							• ( in oil )		YES	NO
SEAFOOD RISOTTO		•	•		•		•	•						• ( in oil )		NO	NO

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PIZZA	THIS DISH CONTAINS														SUITABLE FOR?	
	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
MARGHERITA PIZZA		●		●			●								YES	NO
PEPPERONI PIZZA		●		●			●								NO	NO
CIPOLLA PIZZA	●	●		●			●								NO	NO
VEGETARIAN PIZZA		●		●			●								YES	NO
CASA RONI PIZZA		●		●			●								YES	NO
INFERNO PIZZA		●		●			●								NO	NO
HAWAIIAN PIZZA		●		●			●								NO	NO
BBQ MARINATO PIZZA		●		●			●								NO	NO
CALZONE CARNE	● no side sauce	●		●			●		● no dressing on salad						NO	NO
QUATTRO FORMAGGI		●		●			●			●					YES	NO
PIZZA CARBONARA		●		●			●								NO	NO
PIZZA PARMA		●		●			●								NO	NO

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MEAT & FISH	THIS DISH CONTAINS														SUITABLE FOR?	
	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
RIBEYE STEAK 12 OZ		*													NO	NO
SIRLOIN STEAK 12 OZ		*													NO	NO
GRILLED STEAK SHISH		●		● no yogurt mint sauce			● No yogurt mint sauce		● no dressing						NO	NO
LAMB CHOPS		●		● no yogurt mint sauce			● no yogurt mint sauce		● no dressing						NO	NO
SHISH DI POLLO		●		● no yogurt mint sauce			●		● no dressing				● ( in oil )		NO	NO
LAMB SHANK		●					●								NO	NO
PORK FILLET		●					●						● ( in oil )		NO	NO
CHICKEN MILANESE	●	●		●			●						● ( in oil )		NO	NO
GRILLED DUCK													● ( in oil )		NO	NO
GRILLED CHICKEN	● no sauce	*					●		● no dressing				● ( in oil )		NO	NO
SALT AND PEPPER CHICKEN		●		●			●					●	● ( in oil )		NO	NO
RONI SPECIAL		●					●						● ( in oil )		NO	NO
SALT AND PEPPER KING PRAWNS		●	●	●			●					●	● ( in oil )		NO	NO
GRILLED SALMON					●		●			●			● ( in oil )		NO	NO
SEA BASS		*			●		● no sauce		● no dressing				● ( in oil )		NO	NO

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SALADS & BURGERS		THIS DISH CONTAINS													SUITABLE FOR?	
DISH	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
CAESAR SALAD		● no croutons		● no dressing			●						●		NO	NO
GRILLED SALMON SALAD					●				● no dressing				●	● no dressing	NO	NO
HALLOUMI SALAD		*					●		● no dressing					● no dressing	YES	NO
VEGAN BURGER		●											●	●	YES	YES
BEEF BURGER		●		●			●		● no burger sauce						NO	NO
CHICKEN BURGER		●		●			●		● no burger sauce						NO	NO

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SIDE ORDERS	THIS DISH CONTAINS														SUITABLE FOR?	
	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
MARINATED OLIVES													●		YES	YES
HOUSE SEASONAL SALAD								● no dressing						● no dressing	YES	NO no dressing
TOMATO AND ONION SALAD								● no dressing						● no dressing	YES	NO no dressing
SAUTÉED GREEN BEANS													●		YES	YES
BROCCOLI													●		YES	YES
CHUNKY CHIPS															YES	YES
SKINNY FRIES		*													YES	YES
SWEET POTATO FRIES		*													YES	YES
SALT AND PEPPER CHUNKY CHIPS		*										●	●		YES	NO
HALLOUMI BITES		*					●	● no dressing					●		YES	NO
MASHED POTATOES							●								YES	NO

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KIDS MENU	THIS DISH CONTAINS													SUITABLE FOR?		
	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
CHEESE BURGER AND FRIES		●		●			●								NO	NO
CHICKEN NUGGETS AND FRIES		●		●			●								NO	NO
FISH FINGERS AND FRIES		●		●	●		●								NO	NO
MARGHERITA PIZZA		●		●			●								YES	NO
HAWAIIAN PIZZA		●		●			●								NO	NO
PEPPERONI PIZZA		●		●			●								NO	NO
PENNE POMODORO	●	● gluten free pasta					●		●				● ( in pasta & oil )		YES	NO
PENNE BOLOGNESE	●	● gluten free pasta							●				● ( in pasta & oil )		NO	NO
PENNE CARBONARA		● gluten free pasta					●		●				● ( in pasta & oil )		NO	NO

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DESSERTS	THIS DISH CONTAINS														SUITABLE FOR?	
	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
VANILLA ICE CREAM							●								YES	NO
STRAWBERRY ICE CREAM							●								YES	NO
CHOCOLATE ICE CREAM							●								YES	NO
MINT ICE CREAM							●								YES	NO
SALTED CARAMEL ICE CREAM							●								YES	NO
COOKIES AND CREAM ICE CREAM							●								YES	NO
BUBBLEGUM ICE CREAM							●								YES	NO
VEGAN VANILLA ICE CREAM															YES	YES
LEMON SORBET															YES	YES
BISCOFF CHEESECAKE		●					●						●		YES	NO
CHOCOLATE BROWNIE				●			●						●		YES	NO
STICKY TOFFEE PUDDING		●		●			●								YES	NO
PROFITEROLES		●		●			●						●		YES	NO
APPLE PIE		●		●			●						●		YES	NO
BAKLAVA		●					● no ice cream			●					YES	NO
TIRAMISU		●		●			●						●		YES	NO
RED VELVET CHEESECAKE		●		●			●						●		YES	NO



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